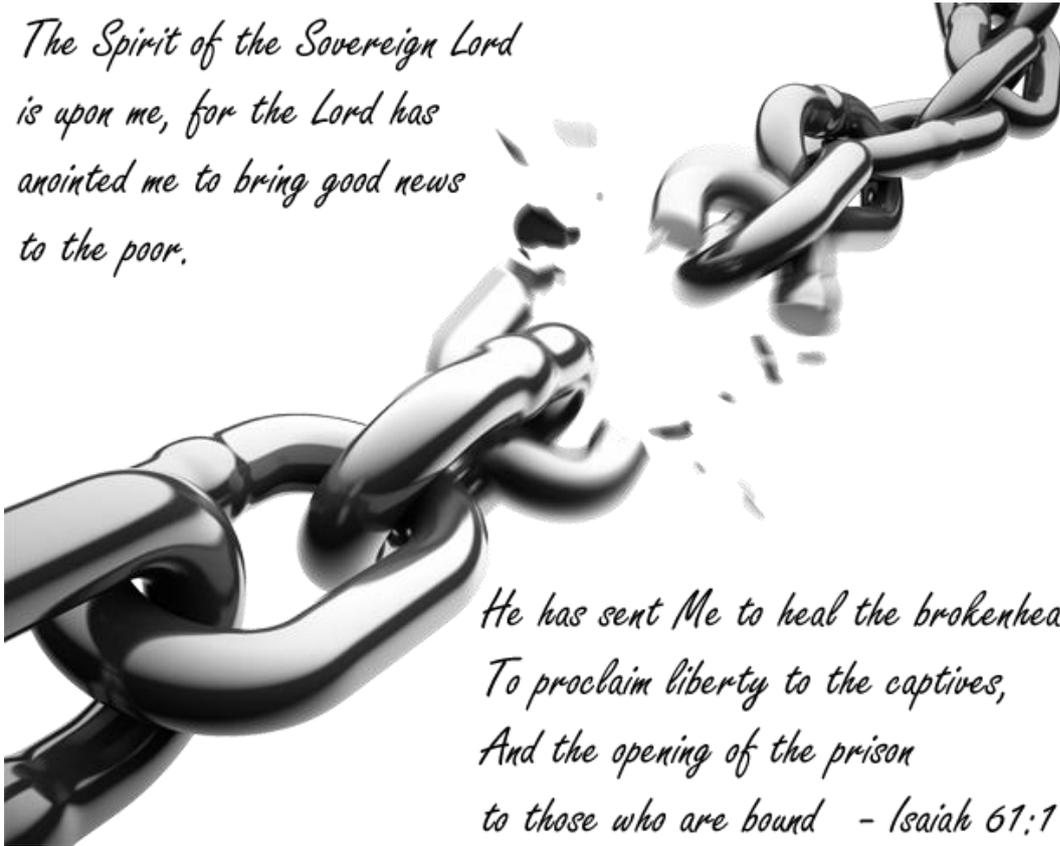


‘Renewing The Mind’

Inner Healing and Deliverance Prayers

*The Spirit of the Sovereign Lord
is upon me, for the Lord has
anointed me to bring good news
to the poor.*



*He has sent Me to heal the brokenhearted,
To proclaim liberty to the captives,
And the opening of the prison
to those who are bound - Isaiah 61:1*

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*******Most of the prayers in this PDF are unique and not a replica of other people's ideas ~ they are created through revelation of the Holy Spirit and our view of what He has shown us as He works with us. There may be the odd prayer or idea that has been added to our Ministry from others because it impacted us, but more often than not you will be viewing an original.***

All prayers are subject to change as God gives new insight and revelation. All prayers are to be prayed out loud. Often you will see we ask you to do a prophetic act. A prophetic act is an action of obedience as a step of faith in the natural (physical) realm that supports God's workings in the spiritual realm, to release the power, presence and victory of God into a situation.

Prayer of Protection: “Father God in the name of Jesus Christ and by the Power of Your Holy Spirit I pray that You would guide me through this journey of deliverance and healing. I thank You for the presence of the Holy Spirit.

I ask for Your protection, and that I am covered with the Blood of Jesus Christ. I also pray this protection over my loved ones, our pets, our belongings and our surroundings.

With the authority given to me by the Lord Jesus Christ of Nazareth, I bind you Satan, all demons and any other agents of Satan, my own human flesh which is antichrist, from any harm or attacks targeting me, my family, our homes and properties, our pets and belongings, our health and our finances, our businesses and our ministries.

I also bind you from any interference, distraction, transference, or blocking or counterfeiting the Holy Spirit, in Jesus name. I bind up and forbid any counterfeit gifts, un-godly manifestations, and lying signs and wonders, in Jesus name.

Father God, I thank You for Your heavenly angels and pray that they would be released in accordance with Your word.”

Please Note - Many of our prayers as an added precaution will include the term ‘ancestors’ to cover any sins that they may have participated in that you are unaware of.

Removing Fleshly Mind-sets - A fleshly mind-set is a demonic stronghold in our minds, thoughts and habit systems. The dictionary defines mind-set as a fixed mental attitude, habit or disposition that predetermines a person's responses to and interpretations of situations. There are many kinds of mind-sets. God wants to remove these fleshly mind-sets and replace them with Kingdom mind-sets ~ which is the ‘mind of Christ’. Mind-sets can cause unbelief and lack of trust in God, which in turn block us from receiving from God. ***Matthew 13:58, NKJV Now He did not do many mighty works there because of their unbelief.***

When we have mind-sets it can hinder us moving in the spirit. Mind-sets can block us hearing Gods word, both written and spoken. Our minds are so set in the way they operate that we cannot hear or see what the Spirit of God is saying. They block us from receiving the truth! Only God can break these mind-sets, which He can do after they are revealed to us and we repent of them. He wants to demolish all mind-sets so we can be intuitive to His prompting, and be able to work with Him whenever and where ever He needs us to. A mind-set can also affect our lives and circumstances. We can actually bring to pass what we think and what we declare. If a person has the mind-set of negativity and sees everything in a negative light, he or she will reap fear, panic, misery, lack of peace, anxiety etc. Thinking negative and confessing negative things will hinder God's blessings! We may have a mind-set where we believe we are worthless. This kind of mind-set will hinder God's blessings in a huge way as we do not see ourselves as righteous. ***“But seek first the kingdom of God and His righteousness, and all these things shall be added to you” (Matthew 6:33, NKJV).*** This scripture clearly shows us that seeking His righteousness and seeing ourselves as righteous through the blood of Christ needs

to be first before all other things are added to us! We may try to stand on scriptures and pray that we are righteous, but if we don't believe and trust in what we are saying, we may not reap the rewards. **Therefore I say to you, whatever things you ask when you pray, believe that you receive them, and you will have them (Mark 11:24, NKJV).** You will never rise above the way you see yourself or your circumstances. **For as he thinketh in his heart, so is he (Proverbs 23:7, NKJV).** Trusting in God is one of the biggest keys in receiving the abundance that Jesus promised. **I have come that they may have life, and that they may have it more abundantly (John 10:10, NKJV).** If we are not trusting God we are not fulfilling the first commandment. **And you shall love the Lord your God with all your heart, with all your soul, with all your mind, and with all your strength.' This is the first commandment (Mark 12:30, KJV).** We need to ask God to help us trust Him. Positive declaration of what the word of God says about us and our circumstances, and believing it is a way that we can change these kinds of mind-sets. Meditate on scriptures that come against weaknesses in your life and declare them out loud when the enemy comes against you.

What do you believe - What the enemy and circumstances tell you, or what God tells you? Change your mind-sets by breaking partnership with the lies and instead partnering with the truth. When you believe what God tells you instead of what the enemy is showing you, your whole life and circumstances will change!

(PRAYER) -"Dear God please show me any mind-sets hindering my walk in You".
(Wait on God and see what He shows you – this may come immediately or at a later date).

"Dear God I repent for mind-sets, unbelief and lack of trust in You. I am sorry that these things have hindered Your plans for me. I repent for all negative thoughts, wrong beliefs and self-confessions that have affected my circumstances. I give You permission to break all mind-sets, attitudes, thought patterns, habits and beliefs that are not of God. Help me to trust You. I bind my mind to the mind of Christ and pray for a change from fleshly mind-sets to Kingdom mind-sets. I ask that you teach me new concepts and strategies to change my life and bring about change. In the name of Jesus Christ I command all demons at the root of strongholds in my mind causing mind-sets, unbelief and lack of trust to leave immediately. **And do not be conformed to this world, but be transformed by the renewing of your mind, that you may prove what is that good and acceptable and perfect will of God (Romans 12:2, NKJV).**

Eating from the Devils table - Ever heard the phrase you are what you eat? This applies not only to the physical but also the spiritual. Are we claiming we are Christians, yet, we are into things, that are offensive to God? Are you eating the things of Jesus, and the word of God, or are you eating things of the devil, the world, that will decay your spirit, and your soul. **You cannot drink the cup of the Lord and the cup of demons; you cannot partake of the Lord's Table and of the table of demons (1 Corinthians 10:21, NKJV).** Kingdom mind-sets want to eat what is good for them. Fleshly mind-sets want to eat what is bad for them. God can change those fleshly mind-sets to Kingdom mind-sets - we just have to let Him. We do this

by repenting of partaking of these things and especially that we enjoyed them, then turn away from these things. We can eat many things from the devils table such as pornography, alcohol, drugs, gambling, cheating, lying, and cutting corners, participating in occult practises and many more. In my case it was a literal thing. I loved all those foods that were bad for me especially processed food including white sugar, white flour and saturated fat. It isn't that you can't eat them because you can but just not excessively. I was addicted to them. When I was younger it didn't seem to matter because I never put on weight so didn't think much of it. Once I hit my thirties weight gain and all the problems associated with my bad eating habits started to creep up on me. I am now in my forties and the weight and the health problems became more serious. I tried and tried to stop eating this way when the Holy Spirit gave me **Isaiah 41:10** and told me that He would help me. He revealed to me that man took His natural creation of whole foods and created them into processed toxic poison that the human body found difficult to digest and utilise. The Bible says that we can eat poison and it won't harm us, but the Bible also tells us to use wisdom – eating these things in excess is not good for our bodies. He told me that He would change the way I think ~ instead of eating what I wanted my mind could be changed to eat what I needed. I very much liked that idea and I am sure you do to!

(PRAYER) -"I ask the Holy Spirit to show me the things I am eating from the devils table". *(Write them down)*

"Father God I repent for eating from the devils table. I repent that I would eat of those things that are bad for me and don't reflect Kingdom values. I repent for liking what is unhealthy for me. On behalf of myself and ancestors I repent for all addictions and addictive behavioural patterns. I repent also on behalf of man for destroying Your natural creation of whole foods and turning them into something unhealthy and damaging. I would like to go from eating at the devils table to feasting from Your banqueting table. Change my mind-sets so I will want to eat that which is good for me. Help me to eat unto holiness, giving thanks to you. Turning from the things of the devil - not looking at him, but at You! I break these lines of addictions in Jesus name. I command all demons of addictions and addictive behavioural patterns to leave immediately in Jesus name".

It may be a good idea to pray before you decide what to eat at each meal and ask the Holy Spirit to show you what your body needs rather than what it wants 😊

Unbelief/Lack of Faith - Now faith is the substance of things hoped for, the evidence of things not seen (Hebrews 11:1, NKJV). Unbelief is lack of trust. If we trust God we have faith. Faith is the ability to see beyond. It is believing the unseen. You may have faith to believe that God can do miracles, signs and wonders, but not the faith to believe the unseen because it is not yet manifest in the physical. God once told me that before I would see miracles, signs and wonders in the physical, I must first believe it is done in the spiritual. Faith works miracles. Faith is the essence to believe what you cannot physically see. The key here is to believe! ***Therefore I say to you, whatever things you ask when you pray, believe that you receive them, and you will have them (Mark 11:24, NKJV).*** If you believe that you will receive what you pray for, you will receive it! If you hope what You ask

for will happen, then You may receive it. Belief is the key! I have heard many say 'You didn't have enough faith, which is why you weren't healed'. This is a lie from the pit of hell. The Bible tells us that faith the size of a mustard seed can move mountains. Faith is faith, you either believe or you don't. You may have faith in one area of your walk with God but not in another. Trust and faith are very similar. They work interchangeably. Sometimes you need to trust before you have faith, and other times you need to have faith in order to trust. Faith is trusting in a God you cannot see, to do what He says He will do. Faith and hope also work hand in hand. Hope is the beginning of faith. ***For we were saved in this hope, but hope that is seen is not hope; for why does one still hope for what he sees? (Romans 8:24, NKJV).*** The word hope in Greek is **elpis** and means expectation of good! The devil wants to destroy our hope. We need to repent for losing hope and forgive those who destroyed our hope. Jesus is our hope. If we lose hope we are actually entering into unbelief - unbelief of Jesus and His work on the cross. Faith is believing it will happen.

He who has ears to hear, let him hear! (Matthew 11:15, NKJV). So then faith comes by hearing, and hearing by the word of God (Romans 10:17, NKJV).

When the truth of God comes into doctrine through revelation from the Holy Spirit it brings understanding to things previously misunderstood. When we 'hear', which means 'understand' the word of God it enables us to believe and put to action what we have learned. When we 'believe' what the word of God says, that is faith, and faith works miracles! When you simply choose to 'believe' the keys to unlock strongholds preventing your freedom comes quicker. Unbelief blocks the power of God. Did not the Israelites take 40 years to inherit their promised land because of unbelief and hardness of heart? What should have taken 11 days ended up taking 40 years? You need to believe and keep on claiming the victory! Unbelief prevents the revelation of keys. When you believe, proclaim and simply wait on God He will release the keys into your circumstances.

(PRAYER) – “Dear God I repent for all atheists in my bloodline who did not believe in You and who also did not believe in the work of Jesus on the cross. I repent for all sins of unbelief, loss of hope and lack of faith. I believe that You are a God that heals and answers prayer, but I have not believed by faith in the unseen. I have believed only what I can see manifested in the physical realm. I confess there are times I have doubted and not trusted in You, Your word and Your abilities. Please impart to me the Gift of Faith. I receive by faith the transition into a faith-based life. I receive by faith all that God has for me. I pray for the opening of my spiritual eyes - In Jesus name. I break all forms of unbelief, disbelief, doubt, scepticism and command you, as well as all demons at the root of not trusting in God to leave in the name of Jesus Christ.

That the God of our Lord Jesus Christ, the Father of glory, may give to you the spirit of wisdom and revelation in the knowledge of Him, the eyes of your understanding being enlightened; that you may know what is the hope of His calling, what are the riches of the glory of His inheritance in the saints, and what is the exceeding greatness of His power toward us who believe, according to the working of His mighty power (Ephesians 1:17-19, NKJV)”.

Distraction/Escapism /Mind Control - A spirit of distraction causes a racing mind, and an inability to concentrate. It comes in through purposefully bringing in distraction via escapism. Escapism is the tendency to seek distraction and relief from unpleasant realities by withdrawal, running away, hiding or even using vices such as seeking entertainment, engaging in fantasy (real life and imagination), drugs, food, alcohol, mind control techniques etc..... Escapism is the vices we use for comfort and is the result of a love-deficit within our souls. The "spirit of escapism" is the initial spirit who may present itself as an inviting friend, suggesting a way out of all the threats, fears, and pressures. Escapism and distraction work with the spirit of control and mind control. When we relinquish control by avoiding situations through escapism, or by using mind altering substances we are giving satan ownership over our minds. This opens the door for mind control. These techniques are man's way. God's ways are not our ways!

The spirit of mind control wants to manipulate and control our thoughts and actions. This spirit can enter through many various means. The definition of mind control is; a technique that one uses as a means to manipulate and control thoughts. Some examples of this are escapism, anaesthetic, mantras, affirmations, repetitions, relaxation techniques, yoga, hypnosis, video games, music, subliminal messages, alcohol, drugs, torture, and brainwashing. When we try in our strength to take control of our minds using anything other than the word of God, it opens the door for satan, as this is an unyielded area. The Bible tells us to renew our minds and meditate on what the Word says about us and our situations. We need to yield our minds to Jesus and ask Him to transform our minds into the mind of Christ. ***For those who live according to the flesh set their minds on the things of the flesh, but those who live according to the Spirit, the things of the Spirit. For to be carnally minded is death, but to be spiritually minded is life and peace. Because the carnal mind is enmity against God; for it is not subject to the law of God, nor indeed can be. So then, those who are in the flesh cannot please God. But you are not in the flesh but in the Spirit, if indeed the Spirit of God dwells in you. Now if anyone does not have the Spirit of Christ, he is not His (Romans 8:5-9, NKJV).*** When satan is in control of certain areas within our minds we may have trouble with negative controlling thoughts and emotions. We need to trust God to guide us into His perfect will via our thought processes. Giving your mind to Christ and relinquishing control does not remove your free will. You are still in control of making decisions, but having the mind of Christ will allow us to make the right decisions! ***Commit your works to the Lord, and your thoughts will be established (Proverbs 16:3, NKJV).***

(PRAYER) - "I ask the Holy Spirit to show me any forms of escapism, distraction and mind control operating". *Write them down*

"Dear God in the name of Jesus I repent for using distraction, mind control and escapism to avoid facing circumstances and situations. I repent for the vices, the pretence, the withdrawal, the running away, the fantasy (real life and imagination), any drugs, food, alcohol, and *(anything else) I have used for comfort.* I repent for using techniques other than Your word over my mind, which opened the door for mind control. I repent for allowing satan to teach me how to control my mind. Father God I want to yield my mind to Jesus Christ. I have allowed satan to dominate my thoughts because I tried to be in control, not Christ. I exchange my mind for the mind of Christ. I forfeit every legal right I gave to satan because I tried to be in control. I pull down strong holds, cast

down imaginations, and every high thing which exalts itself against the knowledge of God. Help me take captive every thought into the obedience of Christ. I claim the Blood of Jesus over my mind, thoughts and belief system. I bind my mind to the mind of Christ. In Jesus name I speak to all demons who are attempting to manipulate my mind and I tell you that you no longer have a right to my mind, and you no longer have authority over my thinking. I command all demons attempting to control the mind including mind control, control, distraction, escapism and confusion to leave immediately in Jesus name. ***For the weapons of our warfare are not carnal, but mighty through God to the pulling down of strong holds; Casting down imaginations, and every high thing that exalteth itself against the knowledge of God, and bringing into captivity every thought to the obedience of Christ (2 Corinthians 10:4-5, KJV).*** I want to escape into Your arms as comfort. ***Yes, my soul, find rest in God; my hope comes from Him (Psalm 62:5, NKJV)***”.

Eye gate and Ear gate – *I will set nothing wicked before my eyes; I hate the work of those who fall away; It shall not cling to me (Psalm 101:3, NKJV).*

Finally, brethren, whatever things are true, whatever things are noble, whatever things are just, whatever things are pure, whatever things are lovely, whatever things are of good report, if there is any virtue and if there is anything praiseworthy—meditate on these things. The things which you learned and received and heard and saw in me, these do, and the God of peace will be with you (Philippians 4:8-9, NKJV).

Demonic spirits may enter us upon what we hear and what we see. When we partner with what we see or hear demons can enter through the eye gate and ear gate. God showed me that there were things I was watching on television that were glorifying the devil. He explained to me that anything that had **excessive** portrayal of violence, nudity, gore, death, murder, bad language, occult themes, adultery etc., was giving glory to the devil and not pleasing to Him. My weakness was a fascination with the occult based movies and television programmes that involved supernatural beings. I gave them up many times only to be tempted and deciding that God wouldn't really mind so let them back in from time to time! Turns out He did mind, in the end He asked me to hand over my fascination for these things and in return He would give me supernatural encounters of a Kingdom kind! He asked me to lay down these things as it was only my flesh that was enjoying them, not my born-again spirit. Although we are of the world, and in the world, we are called to be separate from the world! Sometimes demons can enter these areas even when it is completely out of our control, such as a trauma, as we are partnering with the fear. We may be plagued with horrible memories of events and traumas that are etched in our minds. We need to ask Jesus to cleanse our areas of receptivity and help us to lay down and reject those things that do not exalt God.

(PRAYER) -“In the name of Jesus Christ I repent Father God and renounce and reject all things I partnered with that did not glorify You, nor part of Your will for me that I have visually seen and heard. This includes things in real life such as real events, theatre productions and plays, also television, videos, movies, documentaries, cartoons and animations, computer, radio, books, games and all other visual and audible forms of media. I repent that these things I allowed into my life glorified the devil. I renounce all traumas, occult acts and ceremonies, accidents, abuse, pornography and immoral conduct. Lord Jesus please cleanse all areas of receptivity with Your precious blood. I

ask for the Holy Spirit to show me all things I am watching and or listening to that does not please God so I can lay them down. I pray that You will bring things into my life that are true, noble, just, pure, lovely, of good report, virtuous and praiseworthy. I lay down all fascination I have with things that are contrary to You and Your moral code of conduct. I ask that You would remove the fascination for these things from me in Jesus name. Every spirit that has entered the eye gate, ear gate and all other areas of receptivity I command you to leave in the name of Jesus Christ of Nazareth. Lord Jesus I cover the eyes, the ears and all other areas of receptivity with the blood of Jesus Christ and declare that nothing will pass through these areas that hasn't been filtered through the blood. Help me to have a moral awareness and better judgment to reject all things that are immorally wrong and against the ways of the Spirit, Amen”.

Mind over Matter – Many people in the body of Christ today are claiming they are healed even though they are clearly still suffering the symptoms. One of the Scriptures used for this is **1 Peter 2:24** which says “By His stripes you were healed”. The word ‘were’ is the stand out reason for this. ‘Ye were healed’ is translated as *laomai* in Greek and means **heal, make whole and to free from errors and sins, to bring ones salvation**. This is clearly in reference to the whole walk in Christ from beginning to end. If you read the whole of 1st and 2nd Peter you will see that Peter is referring to the whole walk of sanctification in which we are perfected into the likeness of Christ through the fiery trials and various sufferings. He also make mention of this refining in preparation for Christs return. It is the entire process we go through in which we are to be presented to our Bridegroom at the end of the sanctification process without spot or blemish (**See also Ephesians 5:24-25**).

Whilst I was in the midst of suffering for a prolonged period of time I got told by some people during that time that ‘I was healed’ and not to accept those ailments that plagued me. They told me to not acknowledge the ailments that were plaguing me by speaking about them as they believed it gave those things more power. I found this very hurtful as I was trying so hard to be strong and really needed comfort and words of encouragement. I needed prayer and the power of agreement that I would be healed as God had promised. There were many times when it just all got too much and I would cry out to God and tell Him that I just couldn't do Ministry anymore. I was ministering to others whilst I myself felt overwhelmed with various ailments that really took their toll on me. Each time I did this God always gave me the tools, keys and power to continue even though I was still suffering. I would claim healing Scriptures and even thank God for the healing that was to come in my mind and physical body, but when it got too much and too hard I really needed the prayer support of those around me. One particular day I shared (as I had on other occasions) to some friends that I was struggling and didn't know how I could continue on in Ministry as things were really hard. Their advice to me again was to stop talking about what was wrong with me and just keep claiming I was healed because they believed I was giving those things power by acknowledging them. They told me that Jesus had already healed me and that I just needed to confess this in agreement with Him. After they left I was hurt, discouraged and angry. Instead of comfort I felt condemned for my lack of faith. Instead of feeling encouraged I felt even weaker because I wasn't as strong as them and knew I couldn't do what they do, which was deny the symptoms, don't talk about them and just keep claiming my healing over

and over. Later on I had a discussion with one of them about this and it was clear that we were definitely on different wavelengths on how to deal with symptoms whilst waiting for healing. My friend believed it was done and stood firmly on that refusing to acknowledge the symptoms and believe otherwise. An example of my friends confession was "I am not sick, that is a lie because I am healed in Jesus name". I believed that Jesus had already done it and that my healing was a matter of timing and manifestation. I also believed in thanking God for what He had for me whilst continuing to ask for prayer for these issues from others.

Feeling confused and not knowing the truth I sought God on this and this is what I heard:- ***"Mind over matter. Battling things by pretending or denying they are not there. This is denial. How can you deal with something if you deny its existence? Claiming God's word is good, but denying one's symptoms or issues is not. Accepting something you already have does not change its existence – you already have it. It does not make it stronger – it only reiterates or proves what is already there. Mind over matter – some people use their mind to disprove 'a' things existence. If they pretend it's not there then their symptoms can be lessened. Why is this? It is a ploy from the enemy and is deception. The enemy does not want you to acknowledge there is an issue because this denial can prevent God from healing you. How can God heal something if you are claiming it does not exist? Fighting with Gods tools is doing exactly what you have been doing My daughter. Your healing will come soon. Why? Because you acknowledge your weakness and come to Jesus for His strength. This of course does not give a green light for one to play the victim or sympathy card. There is a balance and you have been suffering and you have not over emphasised or overplayed it. You have tried to be brave, you have tried to be strong. When it overwhelms you it is okay to be weak for it is in your weakness that I am strong. Denying a things existence does not mean it is not there – denying a things existence also does not make it go away. Acknowledging you have a problem and asking God and others in the body of Christ for help, prayer and encouragement is good. Battling aimlessly by declaring something is gone, healed or not there when the evidence says otherwise may prolong the time in which it takes to get true healing and revelation. Battling is good, denial is a form of mind-control and is a tool from the enemy.***

Claiming you are healed from something when you clearly are not is giving false testimony. Instead simply thank Jesus for the healing that He has for you. Have faith that you will receive it. What is Gods truth? Jesus came so you can have wholeness. Is it automatic the moment you are born-again? When you have accepted Jesus as your Lord and Saviour you are automatically saved – you inherit eternal life. This is a free gift. No more works are needed for this. The work of Jesus on the cross does this. In regards to the fullness of the blessings given to Abraham, Isaac and Jacob, Christ fulfilled the requirements of the law so inherited all of these blessings. As you slowly yield yourself as a living sacrifice to Jesus and His work on the cross you begin to receive these blessings! It is not automatic. Healing is not automatic. It is given as you take on the life of Christ. Your life for His life. This exchange happens at the cross. You are in a battle with a real enemy – knowing his tactics and how he works is paramount. Christ has

done it – now it's time to simply thank Him and use the keys that He has provided to claim it. Battle things head on, full on, confront them with faith that God will help you. What about faith? Don't confuse what I have spoken to you with faith. (As it is written, "I have made you a father of many nations") in the presence of Him whom he believed—God, who gives life to the dead and calls those things which do not exist as though they did (Romans 4:17, NKJV). Faith is the substance (confidence) of things hoped for – the evidence of which is unseen. Many will claim that by denying an ailment or affliction and claiming that they are already healed is speaking in faith. The above Scripture shows that faith can call things which do not exist as though they did. Is denial not the opposite of faith? The thing already exists and you are denying its existence. It is already there. The prayer of faith claims that it will be removed or taken away if you believe but first you have to acknowledge its existence before the taking away takes place! Calling things which do not exist as though they did is faith. An example of this can be when someone has a damaged heart and you call for a new heart to replace the old one. You are not denying the existence of the damaged heart. There is a difference between the prayer of faith and the prayer of denial or the declaration of false testimony. The devil is deceptive and he is in the smallest of details. What appears and seems right can sometimes be so wrong."

And lest I should be exalted above measure by the abundance of the revelations, a thorn in the flesh was given to me, a messenger of Satan to buffet me, lest I be exalted above measure. Concerning this thing I pleaded with the Lord three times that it might depart from me. And He said to me, "My grace is sufficient for you, for My strength is made perfect in weakness." Therefore most gladly I will rather boast in my infirmities, that the power of Christ may rest upon me. Therefore I take pleasure in infirmities, in reproaches, in needs, in persecutions, in distresses, for Christ's sake. For when I am weak, then I am strong (2 Corinthians 12:7-10, NKJV).

I believe we need to take a leaf out of Paul's book. We need to model our behaviour on how Paul responded to these things. In the above Scripture we see that Paul did not deny His ailments He instead rejoiced in them because he knew that they were weaknesses in which Christ strength would become apparent. He also pleaded with the Lord three times to take away the thorn in His flesh which represented infirmity, reproaches, needs, persecutions and distresses. Paul was no different to us today. In this we see it is okay to ask the Lord for strength and help when we are weak, but most importantly **denying** these ailments gives them more power when we should be thanking God that His strength will shine in these weaknesses. I then realised throughout this that thanking God was the key!

I also believe that many people need to talk about the things they are struggling with. The Bible says to 'lay your burdens upon Jesus', but it also says to 'carry each other's burdens'. One way of doing this I believe is to share with others your pain, your struggles, your worries and your fears. It is actually therapeutic to be able to off load to another. Burdens are never meant to be carried alone, they are meant to be shared. In this time of hardship ask people to pray for you, intercede for you and have them ask God to reveal the blockages as to why you cannot receive your healing. When I am

struggling my 'need' is for compassionate loving people to support me. I need them to lift me up. I am sure that there is many people who share this same need as myself.

(PRAYER) – “Dear God I repent for false testimony where I claimed actual healings and miracles that were not yet manifested in me. I repent for battling afflictions by denying or pretending they were not there by using mind control, in the false belief that if I acknowledged them it would give them power. The truth is Lord I should have been rejoicing in them because these weaknesses are where Your strength becomes prevalent. These thorns Lord were sent by You for your glory and to keep me from becoming proud, and from running ahead. I believe in Your healings Lord Jesus, I believe that the stripes you took on Your body were for my healings in spirit, soul and physical body. Thank You for every healing and blessing You have for me. I now boast in my infirmities and my weaknesses so that the power of Christ may rest upon me, for when I am weak, then I am strong. I forgive all people who have given me wrong council and I forgive those who made me feel condemned for my lack of faith. Lord Jesus I pray that You would send people who can help to life me up in my time of need, thank You, Amen.”

Note: - *Many times we try to work our way into kingdom manifestations due to teachings that insist we must confess our way to breakthrough. I believe in declaring the Word, but the Lord declares, "Not by might nor by power, but by My Spirit" (Zech. 4:6). If at times you waiver and struggle with the confessions don't let condemnation tell you that you won't get your miracle. This is a lie! Declaring spiritual truths over your circumstances, your spirit, soul and body is good! It brings faith – faith comes by hearing and by hearing the word of God. It also counteracts curses caused by negative confession. In these times of hopelessness pray and ask Jesus for His strength so you can continue to believe, hope and declare His word again. **As far as Jesus and His work on the cross is concerned, it is done! It is the blockages on our end that prevent us receiving what Christ has already done. When we are born-again at the beginning of our salvation our spirit is whole, saved, healed and delivered. Spiritually at the precise moment it is done – physically it is not. Our spirit is the promise of what our soul and physical body (flesh) can become if we allow Christ to sanctify it. If we are speaking to our flesh I believe that by the power of God we can instruct it to come into alignment with the truth. The flesh wars against the spirit so we need to crucify it. We can declare over it that it is dead to sin. We can tell our physical body to be healed in Jesus name. We can declare that we are crucified with Christ as this is a command over our flesh to come into alignment, and it is a form of allowing the spirit man to reign over the soul man but with these declarations we have to be careful that we are not entering into false testimony. There is a difference between a testimony and a declaration. A testimony is witnessing to others what the power of Christ has done for you in the present tense. It is something that has actually happened and you have proof of this claim. A declaration is declaring out loud what Christ has already achieved for you on the cross in order for it to manifest in the present. We need to be careful not to blur these lines. On one hand it is okay to tell the old man to be quiet, lay down and cease but on the other hand if we are claiming to others that we are healed, or that they are healed when we, or they are not, it then becomes a lie or false testimony. If we are telling others that we are dead to sin then turn***

around and sin we look and appear like frauds. We need to get it into the right perspective. Empowering and feeding the spirit is good but we need to be clear what we are doing and saying. Walking in the spirit is operating in the born-again spirit adopting the Kingdom mind-set by declaring who you are in Christ and declaring the promises given to you by Christ. Rebuking symptoms is also very good whilst claiming the truth of a Scripture over an issue to break it. If you have trouble with standing on the word of God and battling then ask God to fill you with faith, His strength and tenacity to help you to be able to stand on His word! An excellent declaration is to say "Thank you Jesus for my healing". This is because He has promised healing so you are thanking Him for the promise! An example of this is, if your husband or wife informs you on their way out the door that on their return they will bring you home a treat. Your automatic response is to smile, become excited and say 'thank you' for the treat even though you don't physically have it yet!

Doubting Thomas – I once wrote an article and prayer called 'Mind over Matter'. I wrote this while I was waiting to receive healing the Lord had promised many years earlier. A couple of Christian friends had tried to help in this time by telling me I was already healed and to declare this in faith, while denying the existence of the problem, as they believed it gave it more power. I had tried this so often only to end up feeling defeated because there was no change in my circumstances. More often than not I found things to become worse, not better. After seeking the Lord about this He gave me a word telling me that denying the existence of a problem and it's symptoms whilst declaring over and over that you were healed when you could clearly see you weren't was a form of mind-control, as it is trying to convince yourself of it, and it can prolong your healing not hasten it. I wrote this as a prayer and article. This did not go down well with one of my friend's whom had given me this advice. She adamantly told me that she did not believe this was a form of mind control as she did this in faith and that what I had written was wrong. It caused quite a rift between us.

Fast forward to almost a year later when another friend gave me a magazine with an article inside about a well-known Minister who was healed simply by declaring the word of God over his body. In fact the Lord had told him to stop concentrating on the problem and declare in faith the word of God over his body for his healing, and this is exactly what happened. I read this and felt so confused. Here was someone who had done the very thing my friend had told me to do and it worked! There was no mind over matter here. In this moment the Lord spoke:- ***"Confused? Declaration works and declaration is good! Declaration alone however is sometimes not enough for everyone. The Minister you just read about had faith. He believed what he declared. You did not believe what you declared. You had unbelief. This is why it did not work for you. You believed deep down in your heart more in what the devil was showing you than what My word said. Declaration can also be said in hope. Hope is not faith. Hope is the beginning of faith. Hope is the expectation and desire for a particular thing to happen. Declaration was not how you were going to be healed because you had unbelief in what you were confessing. Faith warriors can use declaration and it works because they believe in their confession. Not everyone has faith. What you believe comes from your heart. I***

see your heart and I see what you truly believe. There is more than one way to move Me. When you are faithless, I am still faithful, I cannot deny myself (2 Timothy 2:13). Some people need to 'see' to believe. Remember Thomas?

Now Thomas, called the Twin, one of the twelve, was not with them when Jesus came. The other disciples therefore said to him, "We have seen the Lord. So he said to them, "Unless I see in His hands the print of the nails, and put my finger into the print of the nails, and put my hand into His side, I will not believe." And after eight days His disciples were again inside, and Thomas with them. Jesus came, the doors being shut, and stood in the midst, and said, "Peace to you!" Then He said to Thomas, "Reach your finger here, and look at My hands; and reach your hand here, and put it into My side. Do not be unbelieving, but believing." And Thomas answered and said to Him, "My Lord and my God!" Jesus said to him, "Thomas, because you have seen Me, you have believed. Blessed are those who have not seen and yet have believed". (John 20:24-29, NKJV). Jesus didn't have to show him because you are called to walk by faith, and not by sight but Jesus took compassion on him because some people need 'more' to activate their faith. Remember Gideon? (God told Gideon that he would save Israel from the hand of Midian (Judges 6). Gideon had unbelief and asked God several times to confirm this. God confirmed this in various ways but still Gideon needed more convincing. God then asked Gideon to spy on the enemies' camp which he did. Gideon heard the army speaking about how Gideon was going to defeat them. At that moment Gideon believed God and went on to defeat the army just as God promised. This right here was the gift of faith in action. God gave Gideon the Gift of Faith - ears to hear and eyes to see.

The Gift of faith helps us to believe in what God is saying. It is a supernatural ability to trust and believe). *Your Ministry is designed to reach the ones who, like you are struggling with faith. Pray and ask Me to help you believe for whatever you are hoping for. When you are struggling with your faith I can help you. It is okay to be like Thomas and Gideon because they just needed more of My Grace. Regardless of their weakness they still went on to become mighty men for My Kingdom. Declaring the word of God is good as it releases life. Declaring in hope is good as it works like prayer – you hope with expectation that you will receive what you are asking for. Declaration can move mountains when you have faith. When you have faith you can ignore or disregard what you see in the natural (the problems) as they are not My truth because you can 'see' the end result - the true picture, which is My promise of wholeness and healing. If you don't 'see' it (My promise of wholeness and healing) because of unbelief in your heart, it can also become mind over matter - the mind trying to convince you of its existence if you keep declaring it long enough. Faith with Works – Believing is the faith, declaring is the works. Works without faith becomes dead works. Declaring the word of God with unbelief in your heart becomes dead works. You render the word of God null and void."*

(PRAYER) – "Father God in Jesus name I repent for the times I condemned others for lack of faith when they needed to 'see' more in order to believe. I forgive those who condemned me for lack of faith when I needed to 'see' more in order to believe. I repent

for unbelief. I repent for doubting in Your word, Your power, and Your promises. I am sorry if unbelief rendered your word inactive in my situation. I repent for using 'mind over matter' to deny the existence of my problem, and for using 'mind over matter' to prove the existence of Your promise instead of asking for faith. Help me to believe. Help me with my unbelief. I pray for an encounter where I can 'see' and 'hear' in alignment with the truth of Your word to activate my faith. Help me to declare Your word in faith. Activate my faith so I can move mountains in the mighty name of the Lord Jesus Christ. Thank You, Amen."

***After reading this prayer and revelation many months later I realised something else that I did not see at the time – the man who got told by God to stop concentrating on his problem did **not** deny the existence of the problem. God did not tell him to deny the existence of the problem, He told Him to not concentrate on the problem, and instead concentrate on His word, which is why it was not 'mind over matter'.*

The Word of God - A couple weeks after I wrote doubting Thomas I got sent a link from a friend about a testimony from a lady who had her lip ripped off from her dog, in which she declared Gods word over it for many days and was completely healed. She spoke that when the doubt came she over-rode it by continually coming into agreement with Gods word and confessing it. No matter how much the enemy tempted her with doubt she stood firmly on Gods truth. Her entire Ministry was teaching people to confess the word of God and receive their healing. The fact that I had been sent this link I started to again doubt. I asked God again what He was trying to show me – maybe I was so deceived that I could not see the truth and that was why I kept getting these testimonies to show me. I asked the Lord "Why can some people receive healing by simple declaration of your word and others not. It sounds as though doubt came to her over the days she did it, as it did to me – why did her continual confession override the doubt from her but for me the doubt became even greater, and then became unbelief?"

This is what He spoke – ***"I need to show people the power of My word. It has power when you come into agreement with it. You have believed you have come into agreement with it by confession because you really believed but it did not work for you. Doublemindedness stole your belief. Doubt crept in, and in turn became unbelief. Doubting Thomas again. For the lady in question it was not mind over matter. She did not have to convince herself that My word was truth over the doubt because I gave her the anointing to do it. For I say, through the grace given to me, to everyone who is among you, not to think of himself more highly than he ought to think, but to think soberly, as God has dealt to each one a measure of faith (Romans 12:3, NKJV).***

Having then gifts differing according to the grace that is given to us, let us use them: if prophecy, let us prophesy in proportion to our faith (Romans 12:6, NKJV). She was able to override the doubt because I gave her the faith to do it. I have not given you the anointing to do this. I am teaching you another way. Gods word is still key. You just sometimes need to go deeper into His word. Why? Deep calls unto deep. I gave her the faith to do it, but I am calling you to go deeper. I am calling you deeper into My word and into things that many cannot understand.

Deep calleth unto deep at the noise of thy waterspouts: all thy waves and thy billows are gone over me (Psalm 42:7, KJV). For thou hadst cast me into the deep, in the midst of the seas; and the floods compassed me about: all thy billows and thy waves passed over me (Jonah 2:3, KJV). The lady in question and others who receive healing in this way is because they have been given the faith to do it. When you don't have the faith it can become mind over matter and will not work. My word is powerful and it heals. There are many ways for God to heal. Jesus displayed this when He used many different healing methods. What works for one may not necessarily work for another. If what works for one does not work for you it does not mean that the method they used is wrong, it just means that I will use a different way. Too many of My children label things as wrong when it does not work the same way for them. Others may bring condemnation to another when what worked for them does not work for another. You were always called to go deeper into My word. There are many people on the other end of your revelations. The faith to simply confess My word to receive healing is so simple why would I not give this faith to everyone? Because some people have to go deeper into the faith to reach those whom others cannot. Paul had to become 'like' another to be able to minister to them. Some are so wounded that it takes 'one to know one' to be able to connect. Empathy is the tool I have given you for healing. Jesus used empathy and compassion in His healings. He had compassion on them and healed them. Christ healed through many different facets. I teach My children many different ways to heal. One size fits all does not apply here. Your Ministry will flow through empathy – identifying with another's need. Who better to do that than one who has walked it? Broken people need love, sympathy and support. Whilst declaring the word of God is good some people need more. Comfort, consolation, loving kindness, gentleness and compassion. Whilst declaring the word of God and coming into agreement with it is good it may not get to the heart of one who needs an actual encounter with a real person to 'say' or 'do' what they need to hear. Faith comes by hearing and by hearing the word of God. Sometimes one may need to 'hear' or 'see' what God is saying or doing. This is where the Rhema (spoken) word can come in. Rhema backs up what the written word is saying. Some people need both to bring comfort to their soul. I know the needs of an individual. You are one who needs to hear Me. Just declaring what My word says is not enough for you because of the degree of your brokenness. Broken people need to hear what the Spirit of God is saying to believe what His word says. Some also need to see or feel God in the natural and encounter His presence to believe what His written and spoken word says to have faith. Many people believed in Jesus because they saw His signs and wonders. You are all different and I know all your needs. I give different gifts according to your needs and purposes."

As I was typing this word I had a visitor. They spoke to me and said "I have just read a book where the author used Gods word as medicine. They spoke Gods word over themselves for nine months or so and were healed of their afflictions." Oh gosh, I thought, here it goes again. So many witnesses telling me to apply Gods word and each time it doesn't work I go to God and He shows me why. But why does God keep using this to witness to me? All of a sudden the realisation hit. God had given me a promise that I would be healed. He told me many times that I would be healed when I

was in the presence of Jesus. Jesus of course is the word. My healing would come in the stillness of Jesus. Declaring the word had become so hard. I was so tired and fatigued all the time. Battling was making me weary. Here all this time I had the answer. All I had to do was spend time with Jesus in His presence. Intimacy with Jesus is what it was all about. Knowing Him, spending time with Him. I had not been doing this. Doubt had again stolen my promise and I had stopped spending time in His presence. Spending time with Jesus was easy. It was actually restful and required little effort.

I knew deep down in my spirit that this is now what I need to do. This is what God had been showing me all along. This was my key to my healing. Spending time in the word. The word of course is our Lord Jesus Christ. God wants us to know His written word, His spoken word and of course the word that became flesh and dwelt amongst us – His Holy Presence. His Holy presence is where the word comes alive. We feel Him. **Now faith is the substance of things hoped for, the evidence of things not seen (Hebrews 11:1).** Although this is a faith walk in which we believe not by sight but by faith, part of faith being the substance of things hoped for is that fact that substance is the belief in a real being. The word substance in Greek is *hupostasis* and means confidence, confident, person, substance) a setting or placing under 1a) thing put under, substructure, foundation 2) that which has foundation, is firm 2a) that which has actual existence 2a1) a substance, real being 2b) the substantial quality, nature, of a person or thing 2c) the steadfastness of mind, firmness, courage, resolution 2c1) confidence, firm trust, assurance. Part of believing in His existence is our ability to feel His presence. The Lord once told me that He was teaching me to know Him through faith and not feelings, as feelings can lie. In my early walk mimicking spirits would manifest their presence pretending to be love and light and speak to me. Not knowing the word I was gullible and got tricked on more than one occasion. Once we learn His word, know His character, and spend time in His presence we can discern between His presence and the presence of one who is mimicking His presence. During these times of counterfeit manifestation although it felt good I started realising the words spoken did not line up with the true word. That is because God was teaching me to study His written word. Humans love to feel.

We want to feel God and His presence. It is beautiful beyond description when we do. We are designed this way by God to experience Him in His fullness. The word is powerful and God will use different aspects of His word for different people, knowing what each person needs from His word, but ultimately I believe the Lord wants us to have fullness in all aspects of His word.

(PRAYER) – “Father God in Jesus name I thank You for Your word. Thank You for Your written word, Your spoken word and Your word that became flesh and dwelt amongst us. Thank You for Your manifest presence. Thank You that You made us to be able to experience Your manifest presence. Teach Me your presence Lord Jesus. Help me to discern between Your presence and the presence of a counterfeit spirit. I repent for the times I believed there was only certain ways in which we can encounter You, or receive from You. I repent for the times I condemned another for not doing it the way You taught me. I repent also for not believing another’s way in which You gave them was correct just because it didn’t work for me. I repent for the times I believed

Your ways and truth were the enemy trying to deceive me. Your word is truth Lord Jesus as You cannot lie. I repent for believing Your word was lies because it didn't work for me. Your word is like medicine Lord Jesus. Show me clearly how you want me to take Your medicine so that I can have a testimony that glorifies Your word. I ask that You would teach me all aspects of Your word. In Jesus name this I pray, Amen."

Memories – Our DNA carries memories of the past and the present. Generational sins are also embedded in the DNA. The DNA remembers all. When we have repented of sins we need to ask God to cleanse the DNA and heal all memories – specifically removing the ones that are no longer needed.

(PRAYER) – "Father God I repent for every ancestral sin of inheritance and for every sin I and my ancestors have ever committed against You, against others and against ourselves. I forgive those who have committed sins against me and who have committed sins against every single person within my bloodline. I pray that all sins would be erased from the matter of creation and that You would cleanse the DNA from all remembrance. I release all memories to You and ask that You would heal and remove where necessary. I ask for healing within my spirit/soul and body that has been wounded or harmed by those memories. I now ask for a spiritual cleansing shower. Wash me clean Oh Lord. Renew my strength, renew my soul. Renew my spirit, renew my body. Remove the corruption from my innermost being Oh Lord.

Sit in God's presence and let Him cleanse you. When He gave me this prayer and I sat with Him I saw a shower hose washing me clean. When He was done I heard Him say *"Your sins I will remember no more"*.

Relationship with Jesus – *Let this mind be in you, which was also in Christ Jesus: Who, being in the form of God, thought it not robbery to be equal with God: But made himself of no reputation, and took upon him the form of a servant, and was made in the likeness of men: And being found in fashion as a man, he humbled himself, and became obedient unto death, even the death of the cross. Wherefore God also hath highly exalted him, and given him a name which is above every name: That at the name of Jesus every knee should bow, of things in heaven, and things in earth, and things under the earth; And that every tongue should confess that Jesus Christ is Lord, to the glory of God the Father (Philippians 2:5-11, KJV).*

One day I was in my room when I heard the words *"Seek and you shall find"*. I sat down on my bed armed with my pen and paper and asked the Lord what He wanted to show me. This is what I heard *"Seek is to enter into My presence."* I then received a vision of a Buddhist with arms and legs crossed deep in meditation. *What do Hindus and Buddhists have in common? Sitting in the presence of their god. Not the right god of course but being still. Concentrating and focusing on nothing but their god. Look to Jesus. Concentrate on Jesus. Remain focussed on Jesus – meditating on Jesus. Look to the author and finisher of your race. How do you meditate on Jesus? You praise Him, you worship Him, You invite Him in.*

When you are first born-again the Holy Spirit enters your spirit. It is now time now for Jesus to enter your innermost being – your heart. When you invite the presence of Jesus you are opening your mind to receive the mind of Christ. You will hear His voice, leading you, guiding you. He is the Shepherd. He speaks through the Holy Spirit. Jesus is a gentlemen and waits to be invited in. He stands at the door and knocks. You need to invite Him in. What does it mean for Jesus to enter your heart? This means you are going to receive the second infilling. The Holy Spirit entering your spirit is the first infilling.

The second infilling of the Holy Spirit is when you are transformed into a Christ-like creation. You will receive the mind of Christ. Jesus in the flesh doesn't return until the end of the tribulation but Christ like sons and daughters will be roaming the earth before this event. Each time you invite Jesus into your heart and enter into His presence you are giving God permission to transform you through His Holy Spirit.

It is now time to enter into His presence – the presence of Jesus Christ. Entering into His presence is about becoming more Christ-like. A whole new level and commitment to spend time with Jesus – just you and Him. Spending time knowing His voice. Jesus and God speak to you through the Holy Spirit - 3 distinct persons in one - their voices all sounding the same because they are one. Look to the author and finisher of your race. Spending time with the God-head is good. Learning and being intimate with all three is good. Each one has a different role and I will show you when to spend time intimately with each one. Entering into His presence is about Jesus and His role in your life. Transformation into the Christ-like creation. Who better to do this than Christ Himself. Spending time with Jesus is what I am now calling you to do so you can be transformed. At the moment you predominantly commune with the Holy Spirit but a greater infilling is coming where the presence of Jesus will become prevalent.

The first part of your sanctification walk is all about the Holy Spirit – being lead and guided by Him. The second part is partnership in Christ where you and Christ in unison crucify the flesh – the will of man that opposes the will of God. Spending time with Jesus is what I am now calling you to do. You will still hear and work with the Holy Spirit, you will still hear the Father but it will be My voice that predominantly leads you for you will have the mind of Christ. This next phase of your walk is seeking Me to spend time with Me to get to know Me better.

No agendas – just seeking Me to spend time with Me. Do you want to spend time with Me?” I thought about this and I certainly did but I knew that there was other things in My heart that made me want to spend time with Him too, such as to receive more of His anointing and power and also healing for my physical body and soul. I confessed this to Him that I had hidden agendas. This was His reply – “Can I tell you what I want. I want to teach you all about Me. All you have to do is open the door when I knock. Seek Me when I prompt you. I will sanctify your emotions and mind as you spend time with Me. It is through spending time in My presence that you become like Me. I will give you discernment to know

when it is Me knocking on the heart of your door. I may call you out from your sleep, I may call you away from your television, or even your dinner. If you open the door when I knock you will receive more of Me and I will bring you into the next level. Intimacy with Christ is spending one on one time with Me so you can share your heart, and I with you. You can ask Me anything you like in this time. You asked Me about your healing – your healing comes when you enter into My presence. Once you enter My presence you will never be the same again. This time of infilling is the second infilling and is known as resting in Jesus. The more you enter, the more you rest. I take your burdens. The more time you spend in My word, My anointing, and My presence will be of benefit to you. It has always been about you. What can I do for you? I was created to be a servant. I am here to serve you. We are both here to serve in My Father's Kingdom. I want to pour out onto you everything I inherited for you. When you enter My presence you receive all I have to give. I have so much to give. Before you can pierce through the veil and enter into My presence to receive all I have to give our Father will test your heart to see if you are ready to receive. You need to have the right heart motive. A heart of giving rather than receiving. A heart of sacrifice. Seek first the Kingdom of God and His righteousness and everything will be added unto you. Before I can give you everything 'self' has to be purged out. Self becomes self-less. Before you can receive God has to prepare you and change your heart. It has to become all about Me. I'm all about you, and you are all about Me. This then becomes a perfect partnership. Each part of the partnership wants to please the other. Do you want the things of God for the right reasons? God tests the heart of man and you receive when He sees you are ready. Partnership with Christ is entering into His rest. You cannot enter in until God sees that you are ready. Behind the veil lies His Holy presence. It is time to enter in behind the veil and spend time in My presence. Here is where you receive the favour of God. The third part is the Glory of the Father. Jesus will return and You and Him will spend time in the Fathers presence. The intimacy with the Father will be exactly like Adam and Eve had in the garden before the fall."

I asked Him about those who were not interested in this intimate time with Him – what would happen to them? This is what He spoke: - ***"For those who are not interested in coming into this place with Me those who are will provoke them to jealousy. They will want to seek Me because they will want what you have. Every person needs to seek Me – to spend time intimately with Me. This is preparation for the times ahead – it is not just for those who are chosen to carry more of My anointing and power. It is for everyone. All My children need to seek Me. All My children need to know Me. The bride will provoke the others to jealousy. No matter what the call of God over your life – all need to enter into My presence. Those who do not will get left behind because they will not be able to discern My voice amid the chaos and will wander into the wilderness."*** I then got reminded of the ten virgins who out of the ten, five did not have oil in their lamps.

(PRAYER) – *Find a quiet place and remove every distraction so you can focus solely on Jesus. Ask Him to enter your heart. Mediate on Him, concentrate on Him.*

Put your needs aside and simply focus on what He is and Who He is. Rest in Him, praise Him and worship Him. Speak the word, declare the word for Christ is the word. Pray in tongues and simply rest in Him and let Him transform you.

I once learnt a very valuable lesson on seeking Jesus and felt to share here so that hopefully you won't make the same mistake I did. For a long time I would seek the Lord when I could fit Him in – scheduling time aside when I was free. After a while Jesus stopped communing with Me. I would wait and He would not meet with me at all. The less He showed up the more disgruntled I became and started to seek Him less and less. One day the Holy Spirit asked me to lay aside my television watching time every night for a whole week and instead spend that time with Jesus. I agreed and on the first night He showed up immediately and we talked for ages. One of the first questions I asked Him was why He didn't show up the many times I set aside time for Him because the Scriptures say 'Seek and you shall find'. He told me that there were many times He had knocked on the door of my heart to prompt me to spend time with Him and I had refused, ignored or simply couldn't be bothered. I immediately knew of the times – they were times when I was preoccupied or relaxed and didn't want to be interrupted. I had felt a prompting in my spirit but put off Jesus to do my own thing. No wonder He hadn't shown up when I decided it was convenient for me. He told me that He was looking for people who were ready to commune with Him when He was calling them. He told me that He was standing at the door of our hearts and knocking wanting to reveal more of Himself to us, and we were ignoring Him because it was an inconvenient time. We need to be aware of the inner promptings so we can go to Him and put Him ahead of all other things. In these times we will receive and learn so much more because we will be like Mary and not Martha who was too busy. Ask Him to give you discernment of His knocking and repent for all the times you were too busy to commune with Him.

Dreams/Fantasies and Imaginations - Finally, brethren, whatever things are true, whatever things are noble, whatever things are just, whatever things are pure, whatever things are lovely, whatever things are of good report, if there is any virtue and if there is anything praiseworthy—meditate on these things. The things which you learned and received and heard and saw in me, these do, and the God of peace will be with you (Philippians 4:8-9, NKJV). Dreams, fantasies and imaginations (good or bad) can bombard our minds whether it be voluntarily or out of our control. We need Jesus to become our focus – these things in our minds and imaginations can become distractions – they take our focus of the Lord.

My imagination is a fantastic gift the Lord has given me because He uses it all the time to show me things. The problem is the enemy uses it just as much to impart filth, fear and distractions. **For the weapons of our warfare are not carnal, but mighty through God to the pulling down of strong holds; Casting down imaginations, and every high thing that exalteth itself against the knowledge of God, and bringing into captivity every thought to the obedience of Christ (2 Corinthians 10:4 – 5, KJV).** Filling your mind with the things of God is the first step to casting down imaginations and every high thing that exalts itself against God but sometimes this isn't enough to still remove the things that plague you. In a session one day the

Lord said this to me: - ***“Focus/meditate on Me. Ask Me to become the focus. Ask Me to enter the eye gate and the ear gate”.***

(PRAYER) – *(Prophetic Act)* – *Envision the cross and kneel before it. “Lord Jesus Christ I lay down on the altar all my dreams, fantasies and imaginations. I ask You Lord Jesus to become the focus. I ask that You would enter my eye gate and ear gate to cast down every high thing that exalts itself against the knowledge of God and to bring in every thought to the obedience of Christ, Amen.”*

Meditation – For me the word meditation always gave me immediate thoughts of the occult version. The occult version of meditation opens the mind to demonic spirits. There can be various means such as: -

- **Meditation** (A practice of concentrated focus upon a sound, object, visualization, the breath, movement, or attention itself in order to increase awareness of the present moment, reduce stress, promote relaxation, and enhance personal and spiritual growth. Other practices may involve completely emptying your mind of all things).
- **Creative visualization** (Creative visualization is a mental technique that uses the imagination to make dreams and goals come true. By visualizing a certain event, situation, or an object, such as a car, a house, furniture etc., you attract it into your life. It is a process that is similar to daydreaming. It is the process of the power of thoughts and natural mental laws).
- **Mental suggestion** (Suggestion operates along the lines of acquiescence, imitation, association, and repetition, always acting through physical agents for inducing mental states. Active Suggestion - the induction or excitement of mental state or ideas in others by means of positive command, affirmation, statements, etc., bearing directly upon the desired mental state. Passive Suggestion - the induction or excitement of mental state or ideas by the subtle insinuation, introduction, or insertion of ideas into the minds of others, which insinuated ideas act in the direction of inducing the desired mental state).
- **Mind Dynamics** (The art of using your subconscious mind to obtain complete control over your destiny. It can involve Neuro Linguistic Programming, time line and hypnosis. NLP is a discipline that among other things attempts to influence the subconscious mind and affect positive change by consciously using positive words to refocus on the things within one’s control. Time Line Therapy is a reprogramming process that releases the effects of negative experiences and helps a person let go of past influences).

*The Bible tells us to guard our hearts and minds in Christ Jesus. Bringing your mind into a passive mental state of consciousness and emptying it of all thoughts means that your mind is unprotected. **Casting down arguments and every high thing that exalts itself against the knowledge of God, bringing every thought into captivity to the obedience of Christ (2 Corinthians 10:5, NKJV).** Under control means to be submitted to Christ. **Be sober, be vigilant; because your adversary***

the devil walks about like a roaring lion, seeking whom he may devour (1 Peter 5:8, NKJV). Biblical meditation is having our minds actively engaged and focused on God's word. **Therefore submit to God. Resist the devil and he will flee from you (James 4:7, NKJV).** Resistance is key to staying sober in mind. To do this one needs to be aware of their surroundings and thinking. **When we try in our strength to take control of our minds using anything other than the word of God, it opens the door for satan, as this is an unyielded area. The Bible tells us to renew our minds and meditate on what the Word says about us and our situations. We need to yield our minds to Jesus and ask Him to transform our minds into the mind of Christ. For those who live according to the flesh set their minds on the things of the flesh, but those who live according to the Spirit, the things of the Spirit. For to be carnally minded is death, but to be spiritually minded is life and peace. Because the carnal mind is enmity against God; for it is not subject to the law of God, nor indeed can be. So then, those who are in the flesh cannot please God. But you are not in the flesh but in the Spirit, if indeed the Spirit of God dwells in you. Now if anyone does not have the Spirit of Christ, he is not His (Romans 8:5-9, NKJV).** Anything other than Jesus Christ and His word to transform our minds becomes mind control. Repeated phrases, awareness, concentration, and focus to bring about change is buying into the ability that man is in control. When man tries to be in control rather than relinquish control to Jesus and work with Him to bring about His 'will' you are striving forward in your own works to appropriate your will.

It becomes all about your will and what you desire to happen rather than entering into His will and what He wants to happen. You are taking control over what you want your future to hold. Things like NLP can change your future but it is not God's future for you.

When satan is in control of certain areas within our minds we may have trouble with negative controlling thoughts and emotions. We need to trust God to guide us into His perfect will via our thought processes. Giving your mind to Christ and relinquishing control does not remove your free will. You are still in control of making decisions, but having the mind of Christ will allow us to make the right decisions!

Commit your works to the Lord, and your thoughts will be established (Proverbs 16:3, NKJV). By using the power of suggestion we are trying to control and reprogram our own minds, and are not relying on Christ. The word of God (Scripture) is what we should be using to renew our minds, not Mans ideas of reprogramming our minds). **Bringing every thought into captivity to the obedience of Christ (2 Corinthians 10:5).**

Let this mind be in you which was also in Christ Jesus (Philippians 2:5).
Set your minds on things that are above, not on things that are on earth (Colossians 3:2).

For who hath known the mind of the Lord, that he may instruct him? But we have the mind of Christ (1 Corinthians 2:16).

There are many Christians Ministries around today that use visualisation techniques. One of these techniques is asking the client to try and imagine Jesus in a particular situation of a trauma and picturing Him hugging you and imparting His love. Other ways are imagining Jesus is rescuing you and bringing you out of places of captivity etc. I have never personally been a fan of conjuring up my own visions and

imaginings (in case it was verging on occult practices) as I always liked to wait on the Holy Spirit to impart the vision into my imagination. When I was saved I was very blessed to have been given a huge discernment to tell the difference between my own thoughts and visions as opposed to receiving them from another source such as the Holy Spirit or a demonic spirit. It was harder for me to discern whether the source of the voice, thought or picture was from the Holy Spirit or a demonic spirit especially since the evil ones were always trying to counterfeit the Holy Spirit to lead me into deception. My imagination has always been very active – I pretty much daydream constantly so I guess that is how I knew instinctively when the source of the vision was not mine, as in I was not controlling it. When the Holy Spirit gives me visions (and the demonic spirits) they just unfold and I have no control over them whatsoever. I very much liked it this way and had of course decided to avoid the technique of using my imagination during my God encounters always! The Grace of God then (after 7 years of being saved) decided to blow that mind-set out the water when a friend of mine challenged me on it.

Two days prior to this challenge I had received a vision from God. I saw a vision of a door and behind the door was a shadow of someone and there was lots of light behind the door. As I worshiped I saw the door swing wide open and behind the door was intense light. I then got these words – ***“Jesus is the door. Enter into My presence like never before. Commune with me, spend time with Me. There is healing in the light.”*** I had been waiting for a promise from God given almost four years prior that He was going to give me a fresh infilling of His Holy Spirit in which He would enter my heart and baptise me in a higher anointing. I had been spending lots of time with Jesus and I was feeling very disheartened as I had felt I was spending time with only myself as it appeared Jesus was nowhere to be found. I had gotten to a place in my walk where I was suffering lots of ill health and had really lost hope and was struggling continuing on in ministering to others. I really needed a miracle and this second infilling as I truly didn't know how I could continue giving out to others when I needed God for myself just as much. The next day after this vision I was sitting at my computer **when out of nowhere I received an impartation of the love of God.**

As I received this I heard the words ***“I love you with an everlasting love”*** repeated over and over until it stopped. It lasted around a full minute. I immediately went to my room and removed every distraction and sought Jesus. No sooner had I sat down armed with pen and paper I heard Him speaking these words to me:- ***“The door you saw also represents your heart. I am standing at the door and knocking. Before I can enter your heart you must first trust Me. I cannot enter ones heart without this as it would be violating free will. The inner most sanctuary of man (heart) is sacred – only he/she can give Me permission to enter. I see the heart and know when it is ready. The art of entering into your heart is twofold. Before I can enter I must first also trust you. To enter into your heart means I am giving you My mind and My emotions. I need to trust that you are ready for them. I need to trust that you will work with them for the benefit of man and not for self. When I enter into your heart you will receive so much more than you could possibly believe or imagine. Your mind will be transformed and made whole. I need to ensure this is really what you want as***

the old you is no more. A testing of your heart must be done before I can enter. You have passed the test! I then started singing songs of worship to Him when He said ***“I am entering your heart.”*** I cried out “I know, I know.” I could feel His presence, it was incredible. He said to me ***“I’ve felt your pain, I’ve felt your grief. When you wept, I wept”***. I started crying uncontrollably. For the first time in about 2 years He showed up with an almighty presence. He started to sanctify wounds in my heart. It was huge and very uncomfortable and emotional but also awesome all at the same time. I was lying on my bed sobbing from my inner most depths and writhing around in discomfort coughing up demonic spirits but at the same time feeling the love of Jesus cleansing my wounds. He told me when it was over (after about 20 minutes) that He had just delivered me from self-hatred. I believed at that moment I had received the second infilling (but found out much later that what I received was the preparation of the second infilling – the cleansing and refining of the innermost heart). I knew things were about to change for me. The next day I sat on my bed and focussed my attention on Jesus. I sang and worshipped and waited for an hour. He never showed up. I was very disappointed. A friend of mine then challenged me to visualise the door, open it and enter into the light as I had seen in my previous vision. His reasoning was that Jesus had given me keys and insight on how to step straight into His presence. Instead of asking Him to join me, shouldn’t I just go in faith straight to Him? This posed a problem for me. Visualisation and me being in control of my imagination to seek Jesus – I didn’t like this technique. I decided to scour the Scriptures to see what it said. I started off with researching Strong’s concordance for what the Greek and Hebrew word for meditate was. In Hebrew I found meditate was ***siyach {see'-akh}*** a primitive root; TWOT - 2255; v AV - talk 5, meditate 5, speak 4, complain 2, pray 1, commune 1, muse 1, declare 1; 20 1) to put forth, mediate, muse, commune, speak, complain, ponder, sing 1a) (Qal) 1a1) to complain 1a2) to muse, meditate upon, study, ponder 1a3) to talk, sing, speak 1b) (Polel) to meditate, consider, put forth thoughts.

(1 Titus 4:15 KJV) Meditate upon these things; give thyself wholly to them; that thy profiting may appear to all. I looked up the Greek word for meditate in this passage which was ***meletao {mel-et-ah'-o}*** from a presumed derivative of 3199; v AV - premeditate 1, imagine 1, meditate 1; 3 1) to care for, attend to carefully, practise 2) to meditate i.e. to devise, contrive 2a) used of the Greeks of the meditative pondering and the practice of orators and rhetoricians. Interesting that imagine was a word to describe meditate in this passage. The word muse can also mean daydreaming.

Other Scriptures I found were: - ***And thou, Solomon my son, know thou the God of thy father, and serve him with a perfect heart and with a willing mind: for the LORD searcheth all hearts, and understandeth all the imaginations of the thoughts: if thou seek him, he will be found of thee; but if thou forsake him, he will cast thee off for ever (1 Chronicles 28:9, KJV).***

My understanding of this Scripture is telling us that God understands all the imaginations of the thoughts so using our imagination to seek Him is good.

Casting down imaginations, and every high thing that exalteth itself against the knowledge of God, and bringing into captivity every thought to the

obedience of Christ (2 Corinthians 10:5, KJV). My understanding of this one in context to using our imagination is that we bring our imaginations into submission to mediate only on the things of God.

Thou wilt keep him in perfect peace, whose mind is stayed on thee: because he trusteth in thee (Isaiah 26:3, KJV). Keeping your mind on Jesus also means to use our imagination visualising the promises been given to us in the Scriptures. Armed with this newfound knowledge I decided to take my friends advice and sought Jesus by imagining the door, opening the door and entering into the light. After this I sang 2 songs of worship to Him and simply waited. The presence of Jesus filled my room and He started giving me words.

It was fantastic. I had found a way to activate my faith. This is what He spoke to me during this time: -***“Using your imagination to activate your faith is good. Using your imagination to control what you want to happen is not. You have direct access by faith using your imagination to begin with, then you need to allow Me to take over. There is no set formula for finding Us (the Godhead) but there are times I will direct you. In this case I have shown you the door so visualising the door, opening the door and entering into My presence (light) with praise, worship and thanksgiving is good. I am calling you to spend time intimately with Me (Jesus). I have shown you how to have direct access to Me. You sought Me and you found Me. If you seek Me I will be found by you (Jeremiah 29:13)”***. What God was showing me is that I could take a step of faith using my imagination to directly enter into His presence, then wait on Him to take over.

He showed me some time later that this door was the doorway not only to my heart but also to His where we can share our hearts with each other. Throughout this I learned that there are keys in the Bible which enable us direct access to the Godhead. I also learned not to put God in a box. The biggest thing I have realised is throughout my journey the occult realm are counterfeits of the real. Whatever they are doing there will be a real way of doing it in God and will be Biblical and scripturally sound. We as Christians tend to throw out the baby with the bathwater. We need to ask God to show us the real in the counterfeit so we can benefit from using all of Gods ways of interacting with us. I myself have had so many mind-sets broken and I thank God that He is doing this so I can teach others so they too can reap the benefits of God and His awesome Grace!

(PRAYER) – “Father God I repent for every ungodly form of meditation and visualisation techniques I and my ancestors have ever used. Teach me how to meditate on you. Help me to use my imagination for you and the call of God on my life. Every demonic spirit who has access to me because of these ungodly practices I command you to leave immediately in the name and power of Jesus Christ. Thank You Lord Jesus for Your grace. Thank You for Your love toward me and the time you take to teach me all there is to know about Your Kingdom, Amen.”

Special note: - While you are mediating on and spending time with the Godhead don't assume that the enemy is unable to infiltrate your time and counterfeit them because He still can! In fact the special times you are trying

to share with the Godhead is the time that the enemy will seek to deceive even more. Always test everything you feel, see and hear with the Word of God and the character of God 😊

Voices in Your Head – All my life I was aware of voices in my head. I have never heard audible voices - only ever voices in my mind as my own thoughts or sometimes a women or man's voice. It was never anything serious or overwhelming but just always an awareness. I always deemed my head as busy thinking all the voices I heard were just my own thoughts going awry at times. The most prevalent of the voices was swearing and cursing. There were times I was quite ashamed of my thoughts because of the things my mind used to think. I remember when I first met Mark I told him about my busy chaotic head and he asked if I ever considered the possibility it was demons. At the time I was not a Christian, nor knew anything about the Bible or demons so just giggled at him saying 'yeah right.' Years later after being saved and filled with the Holy Spirit the voices became worse. I remember the day I was water baptised, as I stood upright after being submerged I felt terrible and heard literally hundreds of angry swearing voices which I later became to know were very unhappy demons in my soul not liking what I had just done.

During my walk I have sought many ways and means of deliverance. One deliverance minister after I had told him I could hear the demons talking to me was determined to get rid of the voices once and for all. He preceded to tell me that now I was a Christian I should not be able to hear any voices except for my own and the Holy Spirit. Deliverance after deliverance I could still hear the demons. The worst for me was when they pretended to be the Holy Spirit in my worship time talking to me with Scriptures and an overwhelming presence. When this happened the Lord always showed me at a later time that the voice who had spoken to me was not Him and it was the demonic Kingdom to lead me up the garden path and into the wrong direction. I asked the Lord why I could not get rid of the demonic voices. He preceded to tell me that 'He who has ears to hear' will hear into the spirit realm and will hear not only His Kingdom but also satan's kingdom. This is what I believe I was shown. There are Godly gifts of seeing and hearing – (Jesus saw and heard the demons and the devil talking) and there are counterfeit gifts of seeing and hearing. Shutting the doors to the counterfeit is needed. I believe that there are probably times we hear (through demonic giftings of what they want us to hear – demonic gifting), and other times through Gods gifting (what He wants for us to hear). It is a good idea to ask God to expose all roots to close all the doors to any counterfeit hearing gifts and then lay down this gifting and ask Him to take it away. This also applies to those who have the gift of seeing.

After the revelation of this I started to use the Bible more and more to discern between the voices that were speaking to me. I understood that God was teaching me to discern His voice amongst the many. The biggest mistake a Christian can make is believing that he or she cannot hear the voice of satan or his demons believing all voices (apart from their own) to always be God. I think though that another main concern is understanding that the voices and thoughts many believe are themselves are actually from a demonic spirit. When you are down or having a rough

time the voice that your hear over and over affirming your negative feelings is more than likely a demon. The voice that reiterates you are stupid, or dumb or worthless is definitely a demonic spirit. Since learning about God and the spirit realm I am more able to recognise feelings and thoughts that are planted by the demonic to coerce me into feeling worse. It is my hope that others will get more insight into how spirits work and be able to differentiate between their own thoughts and feelings as opposed to an evil spirit tempting them into something worse. Deliverance and healing into the wounds in our souls of course aides in this.

I accepted these voices for what they were and they became less prevalent after this. They 'knew' that 'I knew' so quietened down a lot. I also believe that the many deliverances I have had and the removal of demons means of course less demons to talk into my mind. Regardless there are times when I am out and about at restaurants and shopping malls etc when demons who are inhabiting these places will try and converse with me. When this happens I don't entertain them in any way – I either tell them to be quiet in Jesus name or ignore them.

Sometimes though letting them talk they can let out secrets which I find quite amusing. One such time was when I was in a public toilet in Queenstown New Zealand on holiday. I was washing my hands when this voice spoke into my mind. This is what it said "I know what you are, I can see your light. We hate you and your light. Guess what, we hang out in this place pretending to be ghosts. Lots of people have seen us - they are so dumb because they believe us. We do this so people believe that when you die you can wander the earth as a lost soul – we do anything to keep them away from Jesus and the truth." Since becoming a Christian I had always known this but to have it confirmed by a demon who was actually posing as a ghost was great. Demons are known liars and normally I wouldn't believe anything they say but sometimes they are so prideful that they put their feet in their mouths with their boasting. This was one such time.

Another time I was attending my friend's son's christening service in a Roman Catholic Church. I was hesitant to go because of all the deception that comes with the Catholic Church but I felt the Holy Spirit was guiding me to go so I could see and hear what is actually done in these services. Upon arriving and going to the bathroom I heard what I could only describe as pleasant voices in unison say to me "We forgive you". Of course my interest was piqued and not knowing the source of the voice at that point (thinking it may be angels) I said "You forgive me for what?" They said "For not believing that the Catholic Church is the true Church and for walking in your idea of Christianity which is wrong. We are the Saints of this Church and we guard it." I smiled to myself as I came to the realisation that these were demonic spirits posing as the saints or guardians which came about from the Catholics who had given them a legal right to be there in lieu of their prayers to the Saints. They then said "We can help you become a Catholic and enter into the true faith." "No thanks" I said "I know what you are and I have no interest in entering into your deception."

I actually consider myself blessed to be able to hear the spirit realm in this capacity and have learned and accepted it is part of my gifting. There is however a form of 'voices in your head' that is much worse than I have encountered and I realise needs

more specific prayer and deliverance to be set free from. This form is severe and interferes with your normal functioning of life. This form of 'voices' may be interpreted by the medical world and labelled as schizophrenia or mental illness. These voices can be heard as tormenting voices (either audibly or in the mind) harassing the person in the form of telling them to do things or simply to scare them. It is continuous, relentless, chaotic, debilitating and hard to live with. Recently I was contacted by a lady informing me that her son was hearing terrifying voices at night in bed which was interfering with his quality of life. I have heard of other such cases and knew it was time to seek the Lord to see if there was anything that could be done. I sought the Lord on this and He showed me a vision of a demon crawling into the ear canal of a person. I got the feeling it would be a bit like when a loud flapping buzzing bug flies into your ear and gets stuck next to your ear drum. I have heard of people almost going insane when this has happened. The torment of it would be horrific. This is what He spoke: - ***"The demon you see in your vision is a tormenting spirit sent to harass. It lives in the ear canal of man and needs to be evicted. What is the sin that allows this demon to invade man's ear? Not listening to the voice of God. God is speaking and you are disobeying. God is telling you to do one thing and you are doing another. Voices in your head are caused by disobedience to God. Is it willingly or unknowingly? In this case it is willingly. The sins of the Fathers are passed down through the generations. One needs to repent in order to be set free.*** (I immediately got reminded of Kings in the Bible and how the children of God in one generation would follow Him and then in the next choose not to follow Him, and instead go their own way. It may not have been you that has committed this sin but if your ancestors did then you will need to stand in the gap and repent). ***I cannot completely remove all the voices because man has free-will which is the choice to choose which voice to follow but I can remove the overbearing voice that lives in your ears which has been sent to torment, harass and cause harm."***

I asked God where in the Bible could He confirm this revelation to me and He reminded of 1 Samuel where King Saul disobeyed what God had spoken, which in turn caused God to send an evil spirit to trouble Saul. The word troubled in Hebrew is **Ba'ath** and means to terrify, startle, dismay. Saul then later sent for David to remove this spirit with his harp.

Another reason for hearing voices talking or harassing you is if you believe in ghosts (spirits of the dead) and have tried to commune with them. Communing with the dead is a sin and is called necromancy. If you or your ancestors have done this you will also need to repent for trying to commune with the dead, and also for believing the lies that the dead can wander the earth, as the Bible is very clear that upon death you either go to Heaven or Hell, not stay stuck on earth. You will then need to break every ungodly soul-tie between yourself, your ancestors and the demonic spirits posing as dead person. After doing this, command the demons to leave in the name of Jesus Christ. From this point cease communication with them. If they try to come back keep commanding them to leave in Jesus name. If they refuse to leave you may need to ask the Lord Jesus to show you if there is anything else that needs repentance.

(PRAYER) – “Father God in Jesus name I stand in the gap and repent for myself and my bloodline for the sin of disobedience. I repent for not listening to Your voice. You were speaking and we were disobeying. You told us to do one thing and we instead did another. I repent also Father God for the sin of necromancy which is communing with the dead. I repent also for believing the lie that the dead can wander the earth after they have died. I break every ungodly soul tie between myself, my ancestors and every demon posing as a deal person in Jesus name. I speak to the demons who are in my ears and silence you in Jesus name. I command every demon who has been sent to trouble me and every demon that has become a voice in my head to leave now in the name and power of Jesus Christ. I ask for the voice in my head to be the living Lord Jesus Christ so I can hear You and obey You. Father God thank You for the ears to hear and the eyes to see. I understand that You cannot remove every voice that seeks to lead me off Your path so I ask for clear discernment to know the difference between my voice, Your voice and the voice of the evil ones. Teach me how to utilise this gift and how to use it to your advantage. Father God I pray that You would also reveal every open door that allows a counterfeit gift of hearing and seeing so I can repent and shutdown these abilities in Jesus name. I give up and give to You every counterfeit gift in Jesus name. Thank You Lord Jesus, Amen.”

Crown of Thorns - Jesus is 'King of Kings' and 'Lord of all', but those who rejected and killed Jesus failed to believe this and put the crown of thorns upon Him in a mocking gesture. They were too stubborn and rebellious to see the truth, that He was in fact the Christ. The enemy can also put a spiritual crown of thorns on us in the same way. The crown of thorns on us represents the things that happen to us that cause wounding, such as rejection and abuse. The crown of thorns also causes mind-sets which are formed through the wounds that affect the way we think, behave and act.

The crown of thorns needs to be removed so healing of the wounds and the renewing of the mind can be done in unison. God wants to remove the fleshly mind-sets and replace them with Kingdom mind-sets. The anti-Christ spirit who is in the world puts the crown of thorns on us. This is to turn us away from God and the truth. In the Bible they placed the crown of thorns on Jesus' head as a mocking gesture because they were too stubborn and rebellious to see the truth, that He was in fact the Christ. This part is a time for renewal and healing in the presence of God. You need to submit your wounding's to Jesus for healing. The Holy Spirit has commissioned His Holy angels to perform this part of the Ministry. ***Are they not all ministering spirits, sent forth to minister for them who shall be heirs of salvation? (Hebrews 1:14, KJV).*** As you pray the angels do the ministering and I believe that when you do this at home you too will be ministered to by the Holy angels that belong to Jesus Christ.

(PRAYER): “Father God I repent for all mind-sets I have formed that are not of You. I pray for the mind of Christ and the Heart of God. I submit all my hurts, unforgiveness, pain, burdens, mind-sets and wounding's to You Lord Jesus for healing”.

It is better if you can get someone to declare the next part of the prayer over you as the angel's minister so you can relax and receive.

(Prophetic Act) – Remove the crown of thorns from your head and hand it over to Jesus

PRAYER: “I pray for healing from a wounded spirit/soul and body. I pray for the repair of every wound and for all fragmented pieces to be restored and permanently placed back into their rightful place. ***Psalm 139:13-14: For You formed my inward parts; You covered me in my mother’s womb. I will praise You, for I am fearfully and wonderfully made; marvellous are Your works, and that my soul knows very well*** (Wait)

I pray for the living water of the Word intermingled with the Blood of Jesus Christ to cleanse all wounds through spirit, soul and body. (Wait)

I release the water and blood to cleanse the mind, thought processes, hurtful memories, belief systems, habits, emotions and perceptions. (Wait)

I pray for the oil, the healing balm of the Holy Spirit to heal all wounds through spirit, soul and body. (Wait)

I release the oil of the Holy Spirit upon the mind, to heal all thought processes, hurtful memories, belief systems, habits, emotions and perceptions. (Wait)

I pray for the light of Christ to remove all scars. (Wait)

I impart the mind of Christ which represents Kingdom mind-sets. ***Romans 12:2: And do not be conformed to this world, but be transformed by the renewing of your mind, that you may prove what is that good and acceptable and perfect will of God***".

I impart the Father heart of God. ***Ezekiel 36:26: A new heart also will I give you, and a new spirit will I put within you: and I will take away the stony heart out of your flesh, and I will give you an heart of flesh*** (Wait)

I pray for complete wholeness and release the love of Father God in Jesus name. ***Ephesians 3:17-19: That Christ may dwell in your hearts through faith; that you, being rooted and grounded in love, may be able to comprehend with all the saints what is the width and length and depth and height— to know the love of Christ which passes knowledge; that you may be filled with all the fullness of God.*** (Wait)

I pray for a crown of His resurrection and glory to be placed on (name) head".

Changing Your Circumstances – I had a really bad habit of thinking the worst of everything. The Lord told me that I needed to change my mind-sets through declaration and decreeing. In this decreeing there is a Biblical principal of God being able to come into agreement with you and establish the very thing you are decreeing. ***You will also declare a thing, and it will be established for you; so light will shine on your ways (Job 22:28, NKJV).***

This is what He spoke to me: - ***“As you decree and declare things you will see the power of the spoken word. When you are worried about the outcome of***

something if you speak and declare out loud what you want to happen then I can do what it is you say. The spoken word brings life or death. 'For as he thinketh in his heart, so is he' (Proverbs 23:7, KJV). Whatever you think only comes into being if you agree with it. If your heart thinks something bad then proclaiming out loud the opposite is dismantling the mind-sets of how you see. Speak forth what you want to happen, and whilst doing so use the Sword."

As I started to do this amazing things started to happen. No longer did 'what I feared most come upon me' – the good things of God that I was declaring and decreeing was happening. There truly is power in the tongue!

Troubled Soul – Recently I ministered to a lady who had generations of family members with mental illness – in which a couple of them had ended up in psychiatric units for treatment. We prayed and asked the Lord Jesus for the root of this family issue. I heard the words 'troubled soul and mental torment'. I then had a vision of a young boy doing magic tricks and then going into a gypsy fair and stealing an item. This item was old and it had a winding arm attached to it. I saw the boy winding it around and around and a tormenting spirit came out. I heard the words 'accursed item'. I then realised that an ancestor of the family had stolen an item from a gypsy fair and they had cursed him and his family with a tormenting spirit. To break this curse from them I had to get the lady to stand in the gap for the ancestor and repent for doing magic and also for stealing. I then got her to forgive the gypsies for the curse that was placed on the boy and his bloodline (also her bloodline). I then cast out that tormenting spirit and broke the curse on the family in Jesus name.

After I had done this session, I couldn't help but think how much it reminded me of the spirit that troubled King Saul when he had been disobedient to God. Disobedience can cause one to inherit a troubling spirit that torments the mind.

(PRAYER) – “Father God in Jesus name I repent for all sins of disobedience and rebellion on behalf of myself and ancestors that enabled a troubling spirit to harass me. If there is a specific sin that I need to repent of in regard to this please show me (*wait on God and write down anything He shows you then stand in the gap and repent*). I forgive anyone (*name the people if God showed you anyone who cursed you*) that may have sent a troubling spirit. I bless them in Jesus name. I break any curse that is in operation that enables a troubling spirit to be sent in Jesus name. I speak to that troubling spirit who torments my mind and command you to leave me and my bloodline in Jesus name.”

Post Deliverance Infilling Prayer - “I break every curse over my life from preconception to the present day in the name of Jesus Christ. I ask Father God that every curse would be replaced with a blessing. In the name of Jesus and by the stripes He bore on His body I pray for healing within every area of my spirit/soul and body. (*Pray specifically for all ailments*). I command all misalignments to come into divine order in Jesus name. I cast out the spirit of infirmity in Jesus name. I cast out fear, shock and trauma in Jesus name. I command every fibre, every cell and every part of this body to come into divine order. I command all pain to leave in Jesus name.

I pray for a creative miracle in all areas where body matter needs to be regenerated. I command all cells, cell structure, DNA, RNA, and all parts of the spirit/soul and body not to remember all traumas in Jesus name. I pray for the fire of God to burn off all remaining remnants and dross in Jesus name. I command every demon who has access to me to leave immediately in Jesus name. With the blood of the lamb I seal all doorways closed to the demonic and declare that demons can only exit and not re-enter. I bind the demonic doorkeepers and terminate their assignment against me in Jesus name. I ask for the Holy Spirit to infill with light all areas that were once dark in Jesus name. I pray for a hedge of protection to be placed around me and for any holes to be repaired in Jesus name. Thank You Father God in Jesus name for delivering me".